

# CLEANING CHECK LIST



## DAILY

- Make Beds
- Wipe Down Bathrooms
- 1 Load of Laundry
- Empty/Load Dishwasher
- Clean Sink At Night
- Vacuum Living Room
- Wipe Down Coffee Table
- Wipe Down Kitchen Counters
- Sweep Floors

## WEEKLY EXTRA'S

Monday	Tuesday	Wednesday	Thursday	Friday
Wash Our Bedding	Clean Patio	Wash Kids Bedding	Sweep/Mop Bathrooms	Clean Master Bathroom
Clean Windows	Vacuum	Clean Guest Bathroom	Dust Furniture	Clean Toys/ Disinfect House
1 Load Of Laundry	1 Load Of Laundry	1 Load Of Laundry	1 Load Of Laundry	1 Load Of Laundry
Declutter 1 area	Clean Baseboards	Declutter 1 area	Mop Floors	Clean Fridge

*When your environment is clean you feel happy motivated and healthy...*